

• **STRESS MANAGEMENT WORKSHOP** •

This workshop is designed to give school staff the skills to help students better cope with the day-to-day pressures of the classroom. It offers strategies to improve students' organizational and resiliency skills, as well as create a stress-free classroom environment. Opportunities for reflection, discussion, and creation of a stress management agenda are included.

The Brownstone House, 351 West Broadway, Paterson, NJ - **March 2, 2010** Cost \$20.00 non-refundable

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Home Address \_\_\_\_\_ Local Assn. \_\_\_\_\_

Amt. Enclosed \$ \_\_\_\_\_ Check # \_\_\_\_\_<sup>street - city - state - zip</sup> E-Mail \_\_\_\_\_

The registration deadline is February 23, 2010 Eligible for PD Credit (Stress Management Workshop)

I do not want my \$10.00 to go to PAC but rather stay in the regular operating fund.

• **AXA 1-2-3-4 CONCEPT: BETTER PLANNING FOR YOUR FINANCES WORKSHOP** •

**1/2 price**

- Set goals
- Increased probability of achieving your Financial Goals
- Gain tax advantages
- Options on what to do when you retire

**1/2 price**

**Special 1/2 price ONLY \$10.00**

Registration 4:00 - 4:30 p.m.

**Daniella's Track Side Grille, 14-26 Plaza Road, Fair Lawn, NJ **March 16, 2010** Cost \$10.00**

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Home Address \_\_\_\_\_ Local Assn. \_\_\_\_\_

Amt. Enclosed \$ \_\_\_\_\_ Check # \_\_\_\_\_<sup>street - city - state - zip</sup> E-Mail \_\_\_\_\_

The registration deadline is March 9, 2010 ( AXA Financial Planning Workshop )

I do not want my \$10.00 to go to PAC but rather stay in the regular operating fund.

\*This is intended as a service to PCEA members and does not constitute an endorsement of AXA Financial Planning service they provide

**STRICTLY LIMITED TO 60 PARTICIPANTS**

• **ADD/ADHD WORKSHOP** •

This workshop is designed to provide a basic understanding of Attention Deficit Disorder/Attention Deficit Hyperactive Disorder, including who, what, and why.

**Registration 4:00 - 4:30 p.m.**

**The Brownstone House, 351 West Broadway, Paterson, NJ **MARCH 22, 2010** Cost \$ 20.00**

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Home Address \_\_\_\_\_ Local Assn. \_\_\_\_\_

Amt. Enclosed \$ \_\_\_\_\_ Check # \_\_\_\_\_<sup>street - city - state - zip</sup> E-Mail \_\_\_\_\_

The registration deadline is March 15, 2010 Eligible for PD Credit (ADD/ADHD Wksp.)

I do not want my \$10.00 to go to PAC but rather stay in the regular operating fund

**ATTENTION ATTENTION!**

The Passaic County Education Associations

Web Site is up and running.

Please visit

<http://www.pcea1.org>



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